

Metro East Park and Recreation District's Where-To Guide for Outdoor Activities in the Metro-East

Places to Hike and Trail Run in the Metro-East								
Name of Facility		General Location	Top Picks	Trail Length	Parking Location		Trailhead Location	
					Lat	Long	Lat	Long
1	Arlington Wetlands	Pontoon Beach, IL		.7 mi. loop	38.7009	-90.0390	same	-
2	Bohm Woods Nature Preserve	Edwardsville, IL		1.7 mi. out & back	38.8092	-90.0068	same	-
3	Cahokia Mounds	Collinsville, IL	*	8.3 mi. of loops	38.6534	-90.0601	same	-
4	Centennial Park	Swansea, IL		.9 mi. loop	38.5344	-89.9750	same	-
5	Edwardsville Watershed Nature Center	Edwardsville, IL		1.7 mi. of loops	38.8169	-89.9750	same	-
6	Horseshoe Lake State Park	Granite City, IL	*	4 mi. of loops	38.6949	-90.0744	same	-
7	John M. Olin Nature Preserve	Godfrey, IL	*	4.8 mi. of loops	38.9182	-90.2243	same	-
8	Kaskaskia River State Fish and Wildlife Area	Baldwin, IL		5.5 mi. loop	38.2302	-89.8803	38.2242	-89.8803
9	Knobeloch Woods Nature Preserve	Freeburg, IL		.65 mi. loop	38.4779	-89.8872	same	-
10	Mississippi Sanctuary	Godfrey, IL	*	2 mi. of loops	38.9174	-90.2298	same	-
11	Peabody King River State Fish & Wildlife Area	New Athens, IL	*	5.4 mi. loop	38.3384	-89.8384	38.3439	-89.8342
12	SIUE Nature Preserve	Edwardsville, IL	*	3.4 mi. of loops	38.7819	-90.0097	38.7822	-90.0083
13	Silver Creek Preserve	Mascoutah, IL		.94 mi. loop	38.4672	-89.8219	same	-
14	Silver Lake Park	Highland, IL	*	4.5 mi. out & back	38.7708	-89.6945	same	-
15	Stemler Cave Woods Nature Preserve	Columbia, IL	*	3 mi. of loops	38.4660	-90.1544	same	-
16	Willoughby Heritage Farm	Collinsville, IL	*	3.5 mi. of loops	38.6743	-89.9998	38.6752	-90.0008

Places to Canoe, Kayak and Stand-Up Paddleboard (SUP) in the Metro-East								
Name of Facility		General Location	Top Picks	Water Surface	Boat Ramp 1		Boat Ramp 2	
					Lat	Long	Lat	Long
1	Baldwin Lake State Fish and Wildlife Area	Baldwin, IL	*	1,822 acres	38.2297	-89.8775	-	-
2	Drost Park	Maryville, IL		9 acres	38.7302	-89.9491	-	-
3	Frank Holten State Park	East St. Louis, IL	*	186 acres	38.6011	-90.1009	38.5831	-90.0834
4	Gordon F. Moore Park	Alton, IL		12 acres	38.9052	-90.1147	-	-
5	Horseshoe Lake State Park	Granite City, IL	*	1,737 acres	38.7075	-90.0935	38.6840	-90.0693
6	Kaskaskia River	S. St. Clair County	*	21 mi., 1,700 ac.	38.3801	-89.7913	38.3206	-89.8857
7	Mississippi River (experts only)	Regional		37 mi., 11,900 ac.	38.8845	-90.1747	-	-
8	Peabody King Fish and Wildlife Area	New Athens, IL	*	576 acres	38.3386	-89.8378	38.3400	-89.8361
9	...continued	New Athens, IL	*	"	38.3294	-89.8416	38.3201	-89.8584
10	...continued	New Athens, IL	*	"	38.3224	-89.8519	-	-
11	Silver Lake Park	Highland, IL	*	584 acres	38.7688	-89.6953	-	-
12	St. Ellen Mine Park	Fairview Heights, IL	*	22 acres	38.5848	-89.9594	-	-

Places to Mountain Bike in the Metro-East								
Name of Facility		General Location	Top Picks	Trail Length	Parking Location		Trailhead Location	
					Lat	Long	Lat	Long
1	SIUE MTB Trails	Edwardsville, IL	*	9 mi. of loops	38.8103	-89.9937	38.8119	-89.9946
2	Silver Lake Park	Highland, IL	*	4.5 mi. out & back	38.7708	-89.6945	same	-

Trails for long distance cycling and running, a.k.a. shared-use paths

There are currently 151 miles of shared-use paths in Madison County, IL and 29 miles in St. Clair County, IL. See trail map on reverse side.

Popular Trailheads for accessing the Regional Trail System in the Metro-East								
Name of Facility		General Location	Top Picks	County	Parking Location		Trailhead Location	
					Lat	Long	Lat	Long
1	Metro East Park & Recreation District Trailhead	Collinsville, IL	*	Madison County	38.6887	-90.0114	same	-
2	Greenspace North Park	Glen Carbon, IL	*	Madison County	38.7636	-89.9723	same	-
3	MCT Edwardsville Park and Ride Lot	Edwardsville, IL	*	Madison County	38.8042	-89.9517	same	-
4	MCT Glen Carbon Park and Ride Lot	Glen Carbon, IL	*	Madison County	38.7417	-90.0036	same	-
5	National Great Rivers Museum Parking Lot	Alton, IL	*	Madison County	38.8698	-90.1473	38.8696	-90.1464
6	Centennial Park in Swansea	Swansea, IL	*	St. Clair County	38.5344	-89.9750	same	-
7	College Station Metro-Link Parking Lot	Belleville, IL	*	St. Clair County	38.5159	-89.9201	same	-
8	Hough Park in Belleville	Belleville, IL	*	St. Clair County	38.5187	-89.9887	same	-
9	Memorial Hospital Metro-Link Parking Lot	Belleville, IL	*	St. Clair County	38.5588	-90.0148	same	-
10	Swansea Metro-Link Parking Lot	Swansea, IL	*	St. Clair County	38.5365	-89.9867	same	-

FAQ's	
Questions followed by Answers	
1	Question: How do I use GPS coordinates to get driving directions? Answer: Open your favorite Maps app or website. Type the latitude followed by the longitude, then press enter or search.
2	Question: Where can I find an online map for the locations shown above? Answer: Visit www.meprd.org/maps to see MEPRD's detailed and interactive online Park Map, Trail Map and Water Map.
3	Question: Is there anything else I need to know about the data and locations shown above? Answer: This where-to guide is not meant to be all-inclusive and errors may exist. Please notify MEPRD of any errors.
4	Question: Who owns and operates the sites listed above? Answer: Numerous organizations are represented within this guide. Google the facility name for more information about each location.
5	Question: Are all locations listed above appropriate for all skill levels? Answer: No. Some locations are not appropriate for all skill levels and rules/regulations/safety precautions differ for each location.